# CT Statewide Drug and Alcohol Testing Consortium Newsletter

## **2018 Annual MIS Reports**

**Reminder**: 49 CFR 655.71(b)(1) requires that you retain copies of annual MIS reports submitted to FTA for <u>five years</u>.

## FTA 14th Annual Drug and Alcohol Program National Conference

This year's FTA conference is scheduled on April 2 – 4, 2019 at the Hyatt Regency Milwaukee. This **FREE** threeday Conference will provide attendees with a background on 49 CFR Part 40 (Procedures for Transportation Workplace Drug and Alcohol Testing Programs) and 49 CFR Part 655 (Prevention of Alcohol Misuse and Prohibited Drug Use in Transit Operators).

The Conference will offer attendees the opportunity to

choose from a variety of sessions, allowing each participant to customize their experience as they see best appropriate for the specific needs of their employer and knowledge level of the regulations. It will include training for beginner and advanced Drug and Alcohol **Program Managers** (DAPMs), various other sessions catered to running a compliant drug and alcohol program, networking opportunities, questions and answers with industry

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experts, Drug and Alcohol Policy and Compliance (ODAPC), and many more.

There is no charge for this conference. However, attendees are financially responsible for all travel related expenses, including all meals.

## **Consortium Training**

POST-ACCIDENT
TRAINING
Presented by:
ODT
FRIDAY, APRIL 12, 2019
8:00AM – 10:00AM

Location: CT TRANSIT –
NEW HAVEN DIVISION
TRAINING ROOM
2061 STATE STREET,
HAMDEN 06517

Who Should Attend?
DER, Transit Supervisors, and Transit Officials

#### Topics:

-DOT Post-Accident
Regulation Review
-Post-Accident Testing
Thresholds
-Documentation of the
Decision to Test/Not to Test
-Review of Best Practices
-Third Party Contacts &
Resources
-Documentation of Testing
Delays
-Intra-Agency

Communications

DER TRAINING
Presented by:
ODT
FRIDAY, APRIL 12, 2019
10:15AM – 12:15PM

Location: CT TRANSIT – NEW HAVEN DIVISION TRAINING ROOM 2061 STATE STREET, HAMDEN 06517

#### Who Should Attend? DER

#### Topics:

- -Program Management
- -Record Retention
- -Testing Procedures
- -Reporting Requirements
- -Reasonable Suspicion
- -Post-Accident
- -Consortium Resources
- -Best Practices

RSVP to Nhan Vo-Le, Drug and Alcohol Program Coordinator, at **nhvole@ghtd.org** or 860-247-5329 extension 3009 by Monday, April 1, 2019. REASONABLE
SUSPICION TRAINING
Presented by:
ODT
FRIDAY, APRIL 12,
2019
1:15PM -- 3:15PM

Location: CT TRANSIT

- NEW HAVEN
DIVISION
TRAINING ROOM
2061 STATE STREET,
HAMDEN 06517

### **Who Should Attend?**

DER, Transit Supervisors, and Transit Officials

### Topics:

-Drug Abuse & Alcohol Misuse Impact on Society & Industry -Drugs of Abuse & Alcohol Misuse & Effects -Policy & Procedural Review -Profile of the At-Risk **Employee** -Confronting & Referring an Employee -Review of Drug & Alcohol Testing **Procedures** -Referral to EAP & the Rehabilitation Process

## FTA's Substance Abuse One-Day Seminar is coming to Newington, CT!

Host – CT Department of Transportation

Date: Thursday, May 16<sup>th</sup>, 2019 9:00AM – 4:00P

Location: CT Department of Transportation – Conference Room A & B, 2800 Berlin Turnpike, Newington, Ct 06111 This one-day seminar is designed to provide essential facts and information to facilitate employers' compliance with DOT's 49 CFR Part 40 and FTA's 49 CFR Part 655. While a high-level overview of the regulations will be discussed, this seminar will focus more on the operational side of a transit agency's functions. The training will be conducted by a member of

FTA's Drug and Alcohol Program Audit team.

Spots are being held for DERs in the CT Statewide Drug and Alcohol Testing Consortium and others from outside of the Consortium. Space is limited.

For registration, click on the following link https://transit-safety.fta.dot.gov/DrugAnd Alcohol/Training/

## FTA Drug and Alcohol Regulation Updates Issue 67

Click on the link below for FTA Regulation Updates Issue 67 which includes, but not limited to the following articles:

- -DOT Prohibits CBD Use
- -Non-Emergency Medical Transport Management Organizations Do Not Have Access to FTA Drug and Alcohol Testing Records
- -Flaws in Alchol Testing When Using an EBT
- -Common Errors Step 3 of the ATF
- -Post-Accident Testing: FTA vs. FMCSA

https://www.transit.dot.gov/regulations-and-guidance/safety/drug-alcohol-regulation-updates-newsletters

## Drug and Alcohol Testing Program Third Party Administrator (TPA)

### **Occupational Drug Testing, LLC**

### **Contacts:**

General Manager / Acting Program Administrator

John Quintal

jquintal@occupationaldrugtesting.com

1-800-211-4469 X 1071 Fax# 603-218-6874

#### **Medical Review Officer**

Dr. Patrick Leong

#### **Assistant Medical Review Officer**

Brittany Park
MROA@occupationaldrugtesting.com
1-800-211-4469 X 1021
Fax# 603-218-7779

### On-Site Scheduling

Jason Allen
Scheduling@occupationaldrugtesting.com
1-800-211-4469 X 1041
Fax# 603-218-6511

### 24-Hour Drug & Alcohol Testing On-Site

Post-Accident
Reasonable Suspicion
1-800-967-3135 Toll-Free Emergency Line
Be prepared to provide the following information:
Your Name
Agency Name
Phone Number
Location of Incident
Reason for Call (Post-Accident or Reasonable Suspicion)

## Enhance Awareness of Employee Assistance Program (EAP)

Note: This letter from The Lexington Group should be made available to safety-sensitive employees and also posted in the Break Room.



## The Lexington Group, Inc.

Providing Employee Assistance and Organizational Development Services Nationwide A CT DAS Certified Small Business and Woman Owned Enterprise

December 2018

Dear CT Drug Consortium Employees and Family Members:

The Lexington Group Employee Assistance Program (EAP) provides CONFIDENTIAL services to assist employees in identifying and resolving personal problems. Examples include marriage and family issues, job stress, alcohol and drug abuse, depression and other emotional problems. This confidential service also includes referral resources for legal, financial, eldercare, and childcare services. While the CT Statewide Drug & Alcohol Testing Consortium (Consortium) has no desire to interfere in your private lives, this service is offered to help you resolve any of your personal problems.

Because employee lives may be affected by problems with a spouse or other family members, this program is extended to household family members. You or your family members may contact the EAP directly at any time. No matter what your situation, any assistance you seek through the EAP is held in the strictest confidence. Involvement will not jeopardize your job security, future promotional opportunities or reputation.

The Consortium uses The Lexington Group, an Employee Assistance Program, to provide confidential EAP services to all of its employees and their families. You may call The Lexington Group 24/7 for immediate and confidential access at:

1-800-676-HELP (4357)

You may also request clinical services online directly from the web site at:

www.The-Lexington-Group.com
To log on, your customer name is "CT Drug Consortium"
And your unique employee password is "CTDrugConsort"

We know you will share our enthusiasm for the Employee Assistance Program, and for the opportunity it presents to help you and your family.

Sincerely,

The Lexington Group, Inc.

## **Contact & Resource Info**

Occupational Drug Testing, LLC

www.occupationaldrugtesting.com

Toll Free # 800-211-4469

The Lexington Group

www.The-Lexington-Group.com

Toll Free # 800-571-0197

### Employee Assistance Program

1-800-676-HELP (4357)
Request clinical services online directly from the web site at:

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To log on, your customer name is "CT Drug Consortium"
And your unique employee password is "CTDrugConsort"

## Are you aware of the availability of program forms and resource documents on GHTD's website?

Go to www.hartfordtransit.org Drug and Alcohol Testing Consortium.

Also, checkout the following materials:

What Employers Need to Know About DOT Drug and Alcohol Testing
What Employees Need to Know About DOT Drug and Alcohol Testing
Resources For The Designated Employer Representative (DER)

Lexington Newsletters

FTA Regulation Update Issues

The following <u>FTA website</u> provides a wealth of information such as trainings, newsletters, etc. on the Drug and Alcohol Testing Program that you might find very helpful:

www.fta.dot.gov/12533.html

You may also find Title 49 Parts 40 and 655 (FTA regulations on the drug and alcohol testing program) by using the Search engine.